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Dayna Devon Reveals Her Nips and Tucks

by Marissa Gold (Subscribe to Marissa Gold's posts)

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Spending ten years interviewing the world's biggest celebrities on "Extra" taught Dayna Devon a thing or two.

Specifically, it taught her that when it comes to nips and tucks, everybody's doing it.

"I'm a big fan of reading old literature, like Jane Austen," Devon told us. "In those days, when you aged, you were kind of S.O.L."

The Texas-born TV host moved to Hollywood for her Extra gig, and her easy-going personality and star-quality looks earned her much success. Not to mention the affection of a plastic surgeon, Dr. Brent Moelleken, whom Devon ended up marrying.

"He introduced me to fillers," said Devon, who has now signed on to be a spokesperson for Allergan, the maker of popular line and wrinkle filler Juvederm. "I just think it's great that we have these options now," she explained. "I love them!"

Devon isn't shy about chatting revealing what she's had done, and doesn't understand why things have to be so hush-hush.

"Members of the [Extra] crew would knock on my door and whisper 'I have to ask you a question. What about this?" Luckily for the crew, Devon openly dispensed advice based on her experience. "I've had these lines done [she gestures to the nose-to-mouth lines] and Botox," she reveals.

While we wouldn't be surprised if Devon's perfectly chiseled facial features were the result of more invasive procedures, she insists she sticks to the temporary ones, like aforementioned Juvederm and eyelash extensions.

"You wake up in the morning and they're like, bing! You go to the gym and they're like bing!" she laughs at her foray into doe-eyed-ness.

But how safe are these procedures, really?

"It's very important that you see a trained specialist, not someone who just learned how to do it from a YouTube video," says Michelle, an eyelash extension tech at

New York City's Uptown Girl salon, where stars like "The View" host Elizabeth Hasselbeck and fashion designer Betsy Johnson have stopped by for lash extensions.

As for fillers, Juvderm is made from hyaluronic acid, which occurs naturally in the body so there's no risk of allergic reaction. The substance is injected into lines and wrinkles to plump up the area for up to one year, after which it's simply absorbed back into the body's own supply. And there's good news for fans: A new formula, Juvderm XC, contains numbing agent lidocaine to make injections less painful.

Botox is made from botulinum toxin, which may sounds scary, but the substance has been widely used for cosmetic purposes in the U.S. since 2002, and elsewhere for over a decade. "The good news is, it's not permanent. The bad news is, it's not permanent," says NYC plastic surgeon Dr. Gerald Imber, who notes that most women who try it come back for more.

Have you had any of these procedures done? Are you for or against them? Leave a comment and let us know!

Check out the famous faces that we suspect may have had a little work done.

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