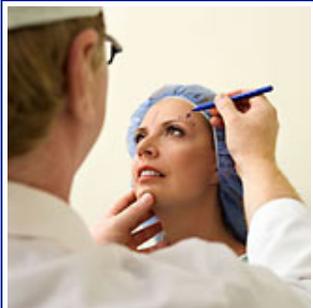


Health

# Nip/Tuck For Two

Lauren Sherman, 04.05.07, 12:01 AM ET



In Pictures: Nip/Tuck For Two

Atlantans Terrie and Tony Ramsey have been married for 17 years. They run an underground construction business and together raise a blended family (seven children from previous marriages). The Ramseys are avid walkers, and Terrie maintains a healthy glow with bimonthly facials and occasional micro-dermabrasion.

Surgeons across the country are seeing increase in the number of couples taking a team approach to plastic surgery. Out of the 193 doctors surveyed by the American Academy of Facial Plastic and Reconstructive Surgery in February, 47% reported an increase in the number of coupled clients last year.

“Husbands and wives are exercising together, they diet together and they want to maintain their appearance together. It’s becoming more and more logical that they’re getting plastic surgery,” “They may [typically] come in together for some Botox and filler, but now they’re also having facelifts.”

## Ladies First

Beverly Hills plastic surgeon Dr. Brent Moelleken says that because women tend to be more familiar with cosmetic procedures, and might have gone under the knife before, she's able to coach her husband through his own recovery.

“Men are quite in the dark about plastic surgery,” he says. “One [husband] told me once that he only thought about plastic surgery when he heard something slapping in his soup. It was his neck.”

## Ritzy Recuperation

For those fortunate enough to be able to afford such luxuries, there are high-end facilities where couples can recuperate together, in the same room, with full-on constant care and pampering.

Before they hit the red carpet, some celebrities are heading to the plastic surgeon's office for these minimally invasive procedures.

For example, Shanteque, at Beverly Hills's La Meridien Hotel, is a recovery facility that provides everything from medical attention to gourmet dining, all with a personal attendant who will cater to every whim. One night in a king suite with an outdoor garden patio rings in at \$850, which does not include medical supplies and telephone access.

However, as most surgeries cost upward of \$15,000 per person, sometimes the best caregiver can be your partner. After all, they know what you're going through.

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